For Immediate Release Nora Mental Health Expands with New Branch in Youngstown, Ohio

Youngstown, Ohio – November 2024 – Nora Mental Health, a leading provider of compassionate and comprehensive mental health services, is now located in Youngstown, Ohio, and is serving all surrounding areas. Under the leadership of Cherese Patterson, PMHNP, and Stephen Patterson, the Youngstown clinic is now open and accepting new patients, offering a full spectrum of mental health services to the community.

Located at 3200 Belmont Ave., Youngstown, Ohio, Nora Mental Health is designed to be a welcoming space where patients can receive personalized and compassionate care. Cherese and Stephen look forward to serving the Youngstown community and helping individuals achieve mental wellness through client-centered therapy. Nora Mental Health provides a wide range of services, including individual and group therapy, medication management, telehealth options, and programs to address various mental health conditions.

Patients can book appointments by emailing youngstown@noramentalhealth.com or by calling (269) 399-6651.

Cherese and Stephen are excited to improve access to mental health care and promote mental wellness in their community. They understand the unique importance that mental health services provide communities in need and how mental health impacts daily functioning. By focusing on early interventions for improved well-being, the Youngstown clinic will offer a positive support system for the community.

"Our goal is to help others by being positive support and focusing on providing early interventions for improved well-being to help increase one's quality of life. We will continue to contribute to overcoming barriers that can interfere with access to mental healthcare," wrote Cherese and Stephen.

Email <u>youngstown@noramentalhealth.com</u> or call (269) 399-6651 to book an appointment at the Youngstown location.